

## Message from the NHLBI

With the National Women's Health Week (May 14-20th) and World Hypertension Day on May 17th coinciding this year, there is a no better time to think of the ultimate goal of the CHAP study: to improve the health of women. The NHLBI is very supportive of this mission and is committed to helping the CHAP team achieve this goal.

Despite some improvement, recruitment remains a challenge, and we would like to hear from you about ways to help you achieve your goals. Please don't hesitate to reach out to us about specific issues you may be having and need help with.

Thank you for your dedication to answering a very important question.

## Items to remember

**HP03 Q#10b.** asks for 'Daily Total (mg) and Frequency.

--If on labetalol, 200mg BID, that's the same as 400mg daily. When titrating up on meds, make sure that the 'Daily Total (mg)' is reflective. If previously on labetalol 200mg BID (400mg daily) and the medication dosage is increased at a f/u visit, the new dose should be at least 500mg daily to reflect the change.

--If on nifedipineER 30mg QD, that's the same as 30mg daily. When the medication dosage is increased at a f/u visit, the new dose should be at least 60mg daily to reflect the change.

## Welcome New Sites

### Oklahoma University

(Activated 5/2017)

Site PI: Rodney Edwards, MD

Coordinator:

Christy Zornes

### Medical University of South Carolina

(Activated 5/2017)

Site PI: Mateus Nino, MD

Coordinators: Jordan DeMartino &  
Mary Shaw

## Info from the DCC

If you have NOT participated on a nurse coordinators' call on an occasion when the **HP15 Adverse Event form** was reviewed, please download the slides from the document library and review them. The slides are located under the Data Entry System folder: "**CHAP QuickRefPPT-HP15 Event Reporting 03-2017.**"

The CHAP Coordinating Centers continue to schedule and hold training webinars for new, starting CHAP sites. These trainings are open to all sites who have new coordinators that need to be trained and/or for staff who would like a refresher on the study protocol and/or the eDES. We expect that all CHAP coordinators participate in at least one webinar. Please watch for training occasions in the weekly email updates, newsletters, and other correspondence and email us at [CHAP@uabmc.edu](mailto:CHAP@uabmc.edu) if you would like to participate.



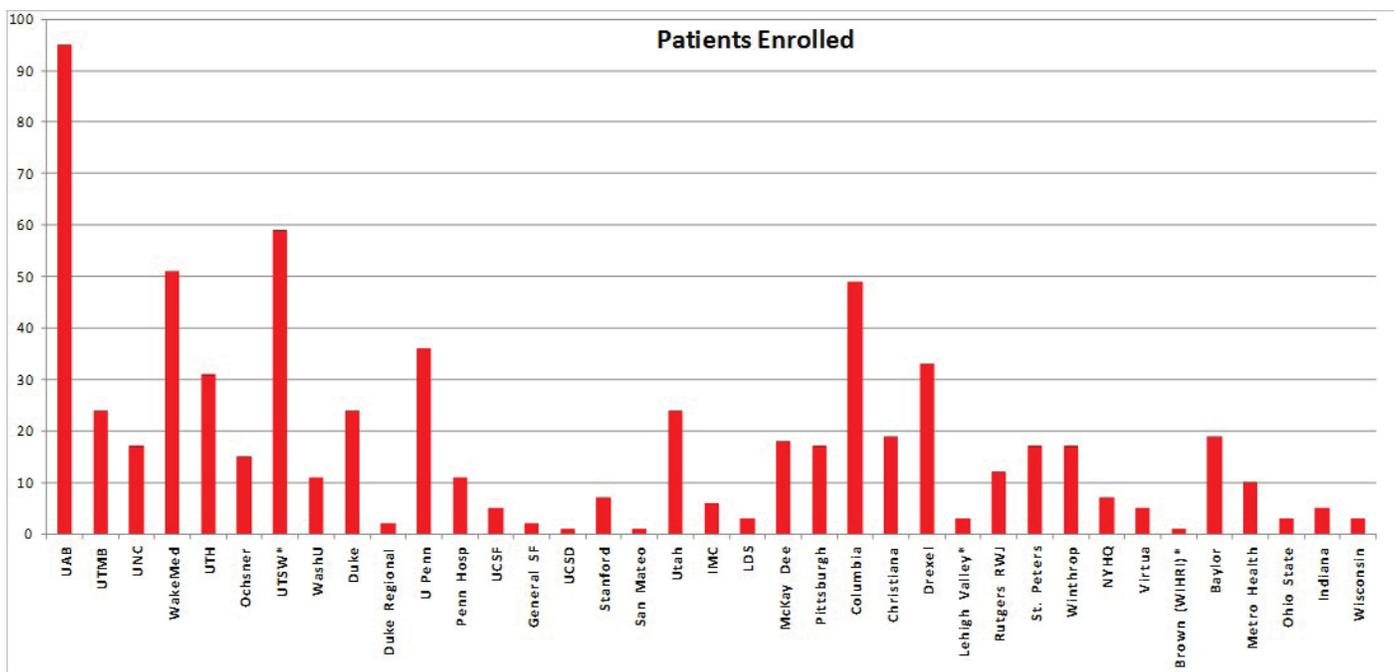
## Site of the Month

Our success in CHAP thus far is due to the tremendous work and support from our research nurse team. They have developed a screening system utilizing our electronic medical records system to identify potential patients and when they have a visit. They have been especially successful in approaching patients when they present for ultrasound visits as the patients have more time at these visits and the research team now has a place in the unit's workflow.

We had Dr. Tita in to present the study at our annual conference. We followed that up by mentioning CHAP whenever we discuss all of the ongoing research projects in our department. We emphasize the importance of this question for our patients with chronic hypertension. As we discuss CHAP more often and now have more patients enrolled, providers are becoming more familiar with the study and encourage their patients to ask about CHAP. Our team approach is the main key to success, and we hope to continue it in the months ahead!



Kaycee Kushner, Jodie Bell, Kelly Gibson, LuAnn Polito, Haylei Cozart



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